

Important to remember when visiting farms in Finland

Farm visits can cause a certain risk concerning contagious animal diseases. Especially diseases caused by viruses can spread very rapidly and cause serious outbreaks. Those viruses can spread from country to country with clothes, footwear and foodstuffs. These diseases include for example **Foot and Mouth Disease, African Swine Fever, Avian Influenza and Newcastle Disease.**

The animal health situation in Finland is very good. This is partly based on the strict biosecurity measures that all visitors shall follow. The responsibility for preventing animal diseases lies with everyone.

When visiting animal farms in Finland, we ask you to take these actions:

- Do not visit farms in your country before traveling to Finland if some serious animal disease is noted or suspected in your area.
- Do not import any products of animal origin to Finland.
- Do not visit a Finnish animal farm, before 48 hours have passed after you left an animal unit abroad (72 h for visitors coming from areas with Foot and Mouth Disease).
- Do not wear the same clothes and footwear you have used in animal units abroad.
- Wash yourself thoroughly and wear clean clothing. We also recommend taking a sauna bath in Finland before visiting farms.
- Use farm specific protection clothes and footwear provided by your host/farmer.
- Do not touch or feed the animals.

Thank You!